



TOWN OF HUDSON

FIRE DEPARTMENT

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Chief of Department

On September 16, 2016 The New Hampshire Department of Health and Human Services (DHHS) announced that a batch of mosquitoes from the city of Nashua has recently tested positive for West Nile Virus (WNV).

This is the first mosquito batch found to be positive for a mosquito-borne disease in 2016. There have been no human or animal cases of mosquito-borne disease so far this season in New Hampshire.

Protecting yourself:

The DHHS advises that residents and visitors to New Hampshire should protect themselves and their family members by using an effective mosquito repellent that contains 30% DEET, wearing long sleeves and pants at dawn and dusk when mosquitoes are most active, and removing standing water from around your home so mosquitoes do not have a place to breed. Repellents with picaridin, IR3535 and some oil of lemon eucalyptus and para-menthane-diol products also provide protection against mosquito bites.

Symptoms of West Nile Virus:

Symptoms of the WNV usually appear within a week after being bitten by an infected mosquito, although many people can be infected and not develop any symptoms, or only develop very mild symptoms. Symptoms can include flu-like illness including fever, muscle aches, headaches, and fatigue. A very small percentage of individuals infected with WNV can go on to develop more serious central nervous system disease, including meningitis or encephalitis. If you or someone you know is experiencing flu-like symptoms, including fever and headache, contact your local medical provider.

Additional Prevention Guidelines for West Nile Virus and Eastern Equine Encephalitis:

1. Eliminate standing water and other mosquito breeding locations.
In warm weather, mosquitoes can breed in any puddle that lasts more than 4 days!
2. Be aware of where mosquitoes live and breed and keep them from entering your home.
3. Protect yourself from mosquito bites.

Anyone with questions about WNV/EEE can call the New Hampshire Bureau of Infectious Disease Control at 603-271-4496. Other information about EEE and West Nile Virus are available on the DHHS website at www.dhhs.nh.gov and on the Centers for Disease Control and Prevention website at www.cdc.gov.